

COVID-19 Week in Review

April 8th
2021

Tentative Upcoming COVID-19 Testing Clinics:

> April 12th, 14th, 16th, 2021 at Total Health Chiropractic (Bridgewater)

• [Register](#)

> April 10th, 2021 at North Branch Park

• [Register](#)

> April 15th, 2021 at Bernards Township Community Center

• [Register](#)

> Other Testing Locations

- 24 Private Locations in Somerset County: [Link](#)
- Mobile testing available upon request. If interested contact SCEOC (SCEOC@co.somerset.nj.us) for more information.

Personal Protective Equipment (PPE):

The following types of PPE are available to the municipalities upon request. Requests can be sent to the [SCEOC](#).

- Respirators (KN95/N95)
- Surgical Masks
- Eye Protection
- Protective suits/gowns
- Bleach
- Hand Sanitizer

Emergency Management Webinars:

> Basic Workshop in Emergency Management April 23rd, 2021

• [Register](#)

> You are the Help Until Help Arrives April 13th, 2021

• [Register](#)

Please email SCEOC if you have any COVID-19 related questions or suggestions for future articles.

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Somerset County 7 Day Summary (4/3/21 – 4/9/21)		
7 Day Total (CDC)	Decreasing	269.35 per 100k (-15.62% Change)
Percent Positivity (CDC)	Stable	8.43 (-.064% Change)
Testing Volume (CDC)	Decreasing	2844.95 per 100k (-24.64% Change)
Hospital Confirmed COVID-19 Cases (NJHA Healthcare Coalition Dashboard)	Decreasing	42 (-7% Change)
COVID-19 Related ER Visits	Decreasing	89 (10% of all ER visits) (-34 Change)
Percent Beds Used (COVID) (NJHA Healthcare Coalition Dashboard - Total 323 beds)	Decreasing	16% (-5% Change)
Percent ICU Beds Used (COVID) (NJHA Healthcare Coalition Dashboard - Total 46 beds)	Increasing	11 (+175% Change)
Vaccinations (NJ COVID Data Dashboard)	Increasing	26,800 new, 209,752 total vaccine doses administered
(CovidActNow 4/9/2021)		39.9% of Somerset County Residents have received the first of two doses 24.3% are fully vaccinated

Sources: [CDC COVID Data Tracker](#) [NJ COVID Data Dashboard](#) [CovidActNow](#) [Somerset County Coronavirus Hub](#)

News

“Research Indicates Environment is Unlikely to Affect Transmissibility of SARS-CoV-2 Variants” (4/7/21) The principal mode for infection with SARS-CoV-2 is through exposure to respiratory droplets carrying infectious virus. It is possible for people to be infected through contact with contaminated surfaces or objects (fomites), but the risk is considered low. [Article](#)

“Moderna COVID-19 vaccine lasts at least 6 months, study finds (4/6/21) Research suggests the protection of the Moderna vaccine lasts for at least six months and protects against the U.K Variant. [Article](#)

“SARS-CoV-2 and Surface (Fomite) Transmission for Indoor Community Environments” (4/5/21) Deactivating effects of heat and sunlight are consistent across different virus variants. Increased transmissibility of certain variants is not due to differences in environmental survivability in aerosols. [Article](#)

“Murphy expands New Jersey COVID-19 vaccine eligibility to 16 and over starting April 19” (4/5/21) [Article](#) [Press Release](#)

“Supplies of J&J COVID vaccine in NJ will plummet even as eligibility expands” (4/7/21) [Article](#)

“Researchers identify five new cases of ‘double mutant’ Covid variant in California” (4/8/21) Variant of coronavirus that has 2 mutations was recently detected in San Francisco. This particular variant is responsible for a recent 55% surge in India. [Article](#)

Updated New Jersey Travel Guidelines

All Travelers:

- International travel: negative test result or documentation of recovery required by the CDC to enter United States following air travel
- Self-monitor for symptoms during and after travel and self-isolate if symptoms develop
- Wear a mask over your nose and mouth when in public
- Avoid crowds and stay at least 6 feet from others
- Wash hands often or use hand sanitizer

Fully Vaccinated Travelers:

- Get tested 3 to 5 days after returning to the United States from international travel, but no quarantine following travel or test before travel (unless required by the destination) needed
- Domestic travel, no quarantine or test before or after travel needed.

Travelers who Clinically Recovered from COVID-19 in past 3 months:

- No quarantine or pre-/post- travel test needed

Unvaccinated Travelers:

- Defer travel until fully vaccinated
- Before travel, get tested for COVID-19 with a viral test 1-3 days before trip
- Get tested 3-5 days after travel
- Stay home and self-quarantine for a full 7 days after travel, even if the post-travel test is negative. If not tested after travel, stay home/self-quarantine for 10 days after travel.

[Press Release](#)

Agency, organization, or private policies may supersede these guidelines.

